

**ABSTRACT**

An arch support device has a periphery shaped to conform to at least part of the periphery of the sole of a wearer's footwear, an upper surface, a lower surface, a heel region, an arch region, and a toe region, each region being designed to lie under the corresponding regions of a wearer's foot when in use. At least part of at least one of the surfaces of the device has a slip-resistant surface texture for resisting slipping, with the textured surface formed during injection molding of the device in a mold which is roughened over at least part of its surface. Slip-resistant surface portions on both the upper and lower surface will resist slipping of a wearer's foot relative to the device and slipping of the device relative to the footwear.